



# Level 2 Award in Manual Handling

This qualification complements the CIEH Level 2 Award in Health and Safety in the Workplace. Aimed at those who carry out manual handling at work, it introduces candidates to the risks of manual handling and the controls available.

## Who needs this qualification?

All employees who handle materials, boxes, mail and packages, including both industrial and office workers.

## Why is this training important?

This qualification introduces candidates to the hazards and risks involved in manual handling and outlines what to expect from a manual handling assessment. It will enable employees to contribute to the development of safer manual handling methods and tasks in the workplace.

## Learning outcomes

- Identify the hazards of manual handling
- Identify the risks involved and controls available
- Identify what to expect from a manual handling assessment

## Facts

Duration: Half day programme

Assessment: Multiple choice exam